

# ANNOUNCEMENTS

Monthly Updates for WILL Members

March 2010



## Shakespeare Program – Who Invited Falstaff?

Wednesday, March 31<sup>st</sup>, Noon and Sunday, April 4<sup>th</sup>, 2:00 p.m. at the SC Women's Club.  
Free and Public Invited.

Come and watch a most unusual Awards Ceremony sponsored by the Society for the Excruciatingly Literate where all the nominees are Shakespeare Characters.

Why does Lady Macbeth want to win Best Actress? What does Gertrude think of Lady Macbeth? What is Julius Caesar's dark secret? What award is the always irrepressible Falstaff up for and why does he want to find a nunnery in LA?

This free program is an original play written by Frost McGahey and performed by Bill Baldwin, Mike Guisto, Mary Hotvedt, Jeannie Miller and Cynthia Cleveland White. Special Guest Appearance by the Silver Steppers performing *Brush Up Your Shakespeare*

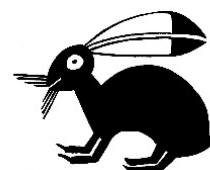
## ONE DAY UNIVERSITY

One of WILL's premier events, The One Day University will be held this year on *Friday, April 16, 2010, at the WNMU Global Resource Center Auditorium from 9 am to 2 pm*. Three outstanding faculty will present talks, a free cook-out lunch is included and there will be cultural displays and art shows as well. More information will be coming next month, but you may sign up now by calling 538-6320 or emailing [mcarthur@wnmu.edu](mailto:mcarthur@wnmu.edu)

This event is free and open to the public, so you may invite non-WILL members to join you. However, because seating is limited everyone must pre-register.

## Artist Lecture Series

The final lecture in the Artist Lecture series will be on *Thursday, March 25, at 6:30 pm in WNMU Parotti Hall*. Clay artist, Donna Webb will be speaking about her life, work and the processes of her art.



## Lunch and Learn - last chance!

Don't miss the last Lunch & Learn program of this session: *"Travel Back in Time: The Mimbres People and The Mimbres Culture Heritage Site"* by Marilyn Markel, *Wednesday, March 3 12:00 - 1:00 pm, at the Silver City Woman's Club on Silver Heights Blvd*. This a free program open to the public, so plan to attend and bring a friend.

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**Western Institute for Lifelong Learning (WILL)**

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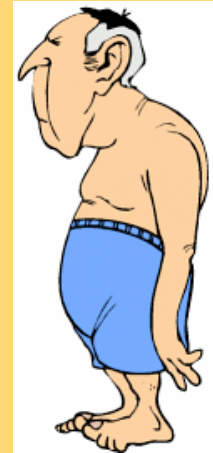
## **A CREATIVE APPROACH TO SUCCESSFUL AGING**

*Saturday, March 13 at 9 A.M. and 12:30 P.M.*

*Location: WNMU Global Resource Center*

WILL and the Grant County Community Health Council present this FREE health program sponsored by a grant from Freeport-McMoRan

This program will feature presentations by experts in the fields of healthy aging, fitness and exercise and career changes after retirement. Refreshments will be served and door prizes awarded.



### **What's New in Successful Aging:**

#### ***Aging from a Medical Viewpoint***

Dr. Carla Herman, Chief of the Division of Geriatrics, Department of Internal Medicine at the University of New Mexico, will discuss the latest evidence for what actually works to maintain health as we age. With more than twenty years of focused study in community-based preventive health care, Dr. Herman will offer a multifaceted strategy for successful aging.

#### ***Fitness: Anytime, Anywhere***

Billy Casper Wellness Center Director, Mary Facciani and her team will emphasize that physical fitness for seniors goes beyond simply "working out," and includes fun and achievable ways to continually progress toward improved physical health. Mary holds a Master of Science degree in Community Health Services and is a certified personal trainer.

#### ***Career Paths in Retirement: Retreating, Repeating, Renewal***

An expert on finding new directions for the mature adult, Bill Charland will outline strategies for finding new career directions after retirement.